



**TRACK AND FIELD**

# LAGUNA HILLS

## RECORDS

YEAR	BOYS	RECORD	EVENT	RECORD	GIRLS	YEAR
2003	Dane Endly	10.73	100 M	12.05	Nedra Lyons	1983
2003	Dane Endly	21.46	200 M	24.48	Michelle Holt	2015
1984	Jeff Roach	47.59	400 M	57.16	Ashley Furst	1998
1985	Mike Berez	1:54.2 HT	800 M	2:12.9	Tiffany Boykin	1994
2008	Matt Stoner	1.54.61				
1989	Steve Frisone	4:16	1600 M	4:51.67	Alana Jones	2013
1989	Tony Gibney	9:25.4	3200 M	10:11.56	Holly Barker	2023
1992	Shaheed Quaasim	14.8 HT	110 H/ 100 H	14.87	Nedra Lyons	1984
2012	Joey Thrasher	15.45				
1984	Jeff Roach	37.56	300 H	46.57	Tina Ehler	1988
2003	Alvarez, Cheng Adams, Endley	42.76	4x 100 RELAY	48.82	Avila, Holt Weber, Najah	2016
2007	Treuhaft, Welsh Stoner, Sargent	3:25.43	4 x 400 RELAY	3:55.7	Clements, Robson Boykin, Feniello	1993
1981	John Ropiequet	6'6" <sup>1</sup> / <sub>2</sub>	HIGH JUMP	5'10" <sup>1</sup> / <sub>2</sub>	Tayyiba Haneef	1997
1984	Mike Garcia					
2003	Tommy Ragsdale	22' 0"	LONG JUMP	17'9" <sup>3</sup> / <sub>4</sub>	Marcie Salzle	2006
2019	Anthony Victa	47' 6" <sup>1</sup> / <sub>4</sub>	TRIPLE JUMP	37' 6"	Jenny Michelman	2011
2008	Reece Ludwig	52' 5" <sup>1</sup> / <sub>4</sub>	SHOT PUT	37' 5" <sup>3</sup> / <sub>4</sub>	Litia Makakaufaki	2001
1994	Jesse McDonald	168' 8" <sup>1</sup> / <sub>2</sub>	DISCUS	117' 2" <sup>1</sup> / <sub>2</sub>	Sharon Howard	1983
1988	Paul Cook	13' 8"	POLE VAULT	11'6"	Karen Maceranka Alissa Miller	2024 2002